



Sexuality, Puberty and Relationships				
Organization	Service Description	Address	Phone Number	Contact/Website
ASDNext	15 Tips for a Successful Date	n/a	1-877-231-4244	http://www.paaautism.org/desktopmodules/asert-api/api/item/ItemDetailFileDownload/5316/15TipsForSuccessfulDate%20(2).pdf
ASDNext	How to ask Someone out on a date	n/a	1-877-231-4244	http://www.paaautism.org/desktopmodules/asert-api/api/item/ItemDetailFileDownload/5317/HowToAskSomeoneOnADate%20(1).pdf
Asperger/Autism Network	Romantic Relationships article	51 Water Street, Suite 206, Watertown, MA 02472	617-393-3824	https://www.aane.org/romantic-relationships/
Autism Awareness Centre, Inc.	How do I teach sexuality to a person with ASD?	56 Susses Crescent SW, Calgary, AB T2W0L5, Canada	1-866-724-2224	https://autismawarenesscentre.com/teach-sexuality-person-asd/
Autism Research Institute	An article providing information related to socialization of sexuality which can provide the foundation for sexual identity.	n/a	833-281-7165	https://www.autism.com/understanding_social_sexual
Autism Society	Puberty and children on The aUTism specTrUm	4340 East-West Hwy, Suite 350, Bethesda, Maryland 20814	1-800-328-8476	https://www.autism-society.org/wp-content/uploads/2014/04/LWA_Puberty.pdf

Autism Speaks	Recognizing and Preventing Sexual Abuse. Has information about discussing sexuality with your children	locations vary	1-888-288-4762	https://www.autismspeaks.org/recognizing-and-preventing-sexual-abuse
Autism Speaks	Helping your child with autism through puberty	locations vary	1-888-288-4762	https://www.autismspeaks.org/expert-opinion/helping-your-child-autism-through-puberty-0
Autism Speaks	Puberty and Adolescence Resource: A Guide for Parents of Adolescents with Autism Spectrum Disorder	locations vary	1-888-288-4762	https://www.autismspeaks.org/sites/default/files/2018-08/Puberty%20and%20Adolescence%20Resource.pdf
Car Autism RoadMap	Provides information and tips about teaching children with autism about sexuality beginning at a young age.	3401 Civic Center Blvd, Philadelphia, PA 19104	1-866-570-6524	https://www.carautismroadmap.org/teaching-young-children-about-sexuality/
Car Autism RoadMap	Article titled 'Romance 101: Dating for Adults with ASD' Offers tips on where to meet people, asking someone out on a date, concerns to keep in mind, how to handle rejection, safety, and marriage.	3401 Civic Center Blvd, Philadelphia, PA 19104	1-866-570-6524	https://www.carautismroadmap.org/romance-101-dating-for-adults-with-asd/
Car Autism RoadMap	Puberty in Boys: From Physical Changes to Masturbation	3401 Civic Center Blvd, Philadelphia, PA 19104	1-866-570-6524	https://www.carautismroadmap.org/male-puberty-from-physical-changes-to-masturbation/
Car Autism RoadMap	Puberty in Girls: Physical Changes and Menstruation	3401 Civic Center Blvd, Philadelphia, PA 19104	1-866-570-6524	https://www.carautismroadmap.org/puberty-in-girls-physical-changes-and-menstruation/
Car Autism RoadMap	Sexuality Instruction for Tweens, Teens and Young Adults	3401 Civic Center Blvd, Philadelphia, PA 19104	1-866-570-6524	https://www.carautismroadmap.org/sexuality-instruction-for-tweens-teens-and-young-adults/

Centre for Autism	Research Bulletin titled 'Autism Spectrum Disorder Relationships and Sexuality'. The articles in this Bulletin address a range of areas including personal, parental and teachers' perspectives on sexuality and ASD and also good practice in developing sexuality education programmes for young adults with ASD.	35 Church Street, Middletown, CO. Armagh BT60 4 HZ	n/a	https://www.middletownautism.com/files/uploads/d025395b6bc81ccff53f90757e3f9235.pdf
Everday Health	Article titled 'Coping with a Partner's Asperger's Syndrome'	n/a	n/a	https://www.everydayhealth.com/aspergers/coping-with-a-partners-aspergers-syndrome.aspx
Ilovetoknow	Article explores sexuality, puberty, relationships and personal safety.	n/a	n/a	https://autism.lovetoknow.com/autism-sexuality
Interactive Autism Network	Romantic Relationships for Young Adults with Asperger's Syndrome and High-Functioning Autism	n/a	n/a	https://iancommunity.org/cs/articles/relationships
New Jersey Monthly	Article titled 'Sex on the Spectrum'. Article explores challenges individuals with autism face forming intimate relationships, safety concerns, and solutions.	55 Park Place, PO Box 920 Morristown, NJ 07963	973-539-8230	https://njmonthly.com/articles/jersey-living/sex-on-the-spectrum/
Oak Hill	A seven-workbook series for individuals with intellectual or developmental disabilities. The workbooks touches on the concepts of healthy relationships, boundaries, consent, trust, respect, and responsibility.	120 Holcomb Street, Hartford, CT 06112	860-242-2274	http://relationshipandsexuality.oakhillct.org/workbooks/
Organizations for Autism Research	A guide to safety provides information related to various safety concerns including sexuality and relationships among individual on the spectrum	2111 Wilson Boulevard, Suite 401 Arlington, VA 22201	1-866-366-9710	https://researchautism.org/resources/a-guide-to-safety/

RaisingChildren.net.au	Ages 12-18 year old. Learn about what to expect during teenage development in areas ranging from personal identity, social & emotional changes, puberty, sexuality, hygiene, and more	n/a	n/a	https://raisingchildren.net.au/teens/development
SexInfo Online	An article about sexuality, autism, and the challenges individuals with autism face through puberty and forming intimate relationships	n/a	n/a	http://www.soc.ucsb.edu/sexinfo/article/sex-and-autism
Sexuality Resource Center for Parents	Autism Spectrum Disorders and Sexuality	n/a	n/a	http://www.srcp.org/for_some_parents/developmental_disabilities/activities_to_use_with_your_child/autismDD.html
State of CT Dept. of Developmental Services	The department supports the Healthy Relationship Series held in each of the 3 regions at least 2 times a year. The "Healthy Relationship Series" curriculum the department is using promotes healthy relationships for all consumers. Planned Parenthood of Southern New England Educators team up with our DDS Self Advocate Coordinators who have been trained to teach the curriculum that has been written By, For, and With Self Advocates.	n/a	Sandi Geer is willing to answer any questions you may have: sandi.geer@ct.gov right fax # 860-920-3057 for info, call 203-509-4783	https://portal.ct.gov/AdvocatesCorner/Healthy-Relationships/Healthy-Relationships/Healthy-Relationships
The Autism Community in Action	Article about 'Teens with ASD: Puberty – What to Expect, Seizures, Anxiety, Sexuality'	2222 Martin Street, Suite 140, Irvine, CA 92612	1-855-726-7810	https://tacanow.org/family-resources/teens-with-asd-puberty/
Verywell Health	Sex Education for Teens with Autism	n/a	n/a	https://www.verywellhealth.com/autism-sex-education-260490

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